



# Lakeview ELEMENTARY NEWSLETTER

December 2025

*All students will learn well, become lifelong learners,  
and contribute positively to society.*

## **Dress For The Weather**

As the weather begins to cool, please be sure your child is dressed appropriately for playing outside. Students need to bring coats, hats, and gloves so that we can play outside at recess.

## **Plan for Outdoor Recess**

All students are expected to go outdoors for recess when weather permits. It is important that students come to school properly dressed and protected from the cold. Therefore, it is necessary for students to have warm coats, mittens or gloves, and caps or hoods. The clinic has some extra hats and mittens for students to borrow during recess if necessary.

## **Name on Coats, Hats, Gloves, Etc.**

Please write your child's name on their coats, bags, hats, sweatshirts, etc. so we can return them to your child if lost.

## **Weather Delays and Snow Days**

This is the time of year we begin thinking about snow, ice, etc. that might justify a late start, early dismissal or a "virtual" snow day. We will provide notification about school late starts, early dismissals, or "virtual" snow days via Facebook and our messenger service. For K-5 we have handed out 5 day paper packets for all classes during parent teacher conferences instead of a virtual instruction. This is the same procedure that we did last year as well. Please have your child complete a day of this paper packet for each snow day we must take.

## **Importance of Reading Daily**

Reading is the single most important skill your child will use in their lifetime. Also important is selecting appropriate books. Setting a good habit with reading now can bring and maintain an interest in reading for years to come. Make sure you talk to your child, read to or with your child, and teach your child a love for learning. Here are a few ideas for the winter break.

- Take time to read or let them read to you. This can be a time of sharing and relaxing together.
- Play games with your child. This will let them know that they are important to you. Games like Uno, Candy Land, Guess Who, Trouble - just to name a few.
- Bake with your child. Use picture recipes to help children learn how to read the ingredients and procedures.
- Start a project or activity that you can do together.
- Watch a movie as a family with a nice warm cup of hot cocoa.



## **BUILDING CONTACT INFO**

### **Lakeview Elementary**

1800 South 11th Street  
Centerville, IA 52544

Ph: 641-856-0637 Fax: 641-856-0641

### **Principal**

Bryan Baker  
EXT 1301

### **Assistant Principal**

Andy Hotek  
EXT 1306

### **Nurse**

Krystal Bronson  
EXT 1303

## **UPCOMING EVENTS**

**Thursday, December 4th at 6:00pm**

Kindergarten Concert at CHS

**Monday, December 15th at 6:30pm**

1st-3rd Grade Concert at Lakeview

**Thursday, December 18th**

Santa Visit at Lakeview (K-2)

**Friday, December 19th**

1 Hour Early Dismissal

**Monday, December 22nd -**

**Friday, January 2nd**

No School - Winter Break

### Establishing Healthy Sleep Habits

For many parents, the most dreaded time of day can be a child's sleep time. Requests for one more drink of water, fears of monsters under the bed, and a variety of "stalling" techniques can become exhausting for parents who may want to get to sleep themselves. This month we hope to provide a few great pointers from various articles to help make bed time a more pleasant experience.



The following are a few pointers shared on [www.babycenter.com](http://www.babycenter.com) in an article called "How to Help Your Grade-Schooler Establish Healthy Sleep Habits."

- **Stick to a set bedtime** - This may be the most important pointer. If your child has a 9:00 bedtime and needs to wake up by 6:30 to be at school on time they will be short sleep even if they fall asleep right away. Experts recommend a set bedtime each night (even weekends) to establish routines for kids.
- **Keep a consistent routine** - In our busy lives this can be hard. Teeth brushing, baths, books, getting a drink of water, can all be part of your routine. It is important to be consistent if possible with these. Avoid "screen time" before bed as recent research is showing that the light from screens may reduce our production of melatonin which regulates the sleep-wake cycle.

**Give your child a chance to unload his or her worries.** Talking out the concerns of the day can help your child to sleep more peacefully.



### Attendance or Transportation Changes

Please call the office for changes with attendance or transportation. If a child brings a note please have them drop it off to the secretaries in the office to ensure they get this information.

### CASE Notes: School Counseling

In CASE lessons, students have been learning about empathy and compassion. When you have empathy for others, you can say or do many things to show your care and concern. Showing care or concern for others is called compassion. Saying something kind or doing something helpful for others are examples of showing compassion. *This is one of the most important things we can teach and model to children.*

Ask your child: How do you show compassion for others at school?

Here are scenarios to read to your child and decide together how you could show compassion..

You see your neighbor unloading bags and bags of heavy groceries.

Your sister scraped her knee on the sidewalk, and she's crying.

Your friend is sitting next to his favorite toy, and it's broken.

Your mom is setting the table for dinner, and your little brother needs help tying his shoes.



**#BigRedsLEAD**  
**Big Reds are: Learning,**  
**Engaged, Active, Dependable**

### Coach's Corner: Jenny Durham Literacy

During our professional development time in November, K-5 teachers focused on Unit 6: Digging for Meaning: Understanding Reading Comprehension in our LETRS (Language Essentials for Teachers of Reading and Spelling) professional learning course of study.

- We're learning more about how children's language and thinking skills help them understand what they read, and how to guide them in building a clear picture of a story or text.
- We are also exploring ways to support students who may need extra help with language or comprehension, and how vocabulary and background knowledge make reading easier.
- Our teachers are refining a step-by-step approach to teaching reading—looking closely at sentence structure, how different texts are organized, and how strong writing models strong thinking.
- All of this learning helps us continue to provide rich, effective reading experiences for every student, every day.

### Math

During math intervention time, first through fifth grade students receive focused support to strengthen key math skills. Teachers work with small groups or individual students to provide targeted instruction in important foundational concepts.

This structure allows teachers to guide student thinking more closely and support deeper understanding. Our Instructional Coaches help by monitoring student progress and providing timely guidance to teachers. Together, this ongoing support ensures that math learning is continuous, intentional, and effective for all students.

