

Course Catalog



Iowa

Math

Math 6 A/B

This semester-long middle school course will provide students with a deep understanding and mastery of the objectives that will prepare them for algebra. It is aligned to Common Core State Standards, and is based on best practices in the teaching of mathematics and the disciplines of STEM learning. Students will develop 21st century skills as they master ratios and proportional relationships; the number system; and number visualization. The course is highly engaging while being easy for teachers to customize and manage.

Math 7 A/B

Math 7 builds on material learned in earlier grades, including fractions, decimals, and percentages and introduces students to concepts they will continue to use throughout their study of mathematics. Among these are surface area, volume, and probability. Real-world applications facilitate understanding, and students are provided multiple opportunities to master these skills through practice problems within lessons, homework drills, and graded assignments.

Math 8 A/B

This course is designed to enable all students at the middle school level to develop a deep understanding of math objectives and leaves students ready for algebra. The first semester covers objectives in transformations, linear equations, systems of equations, and functions. The second semester focuses on scientific notation, roots, the Pythagorean Theorem and volume, and statistics and probability. The course is based on the Common Core State Standards Initiative and on a modern understanding of student learning in mathematics.

English Language Arts

English 06 A/B

This course provides a strong foundation in grammar and the writing process. It emphasizes simple but useful composition and language mechanics strategies with multiple opportunities for modeling practical, real-world writing situations that will enable students to improve their written communication skills quickly. Through a variety of grade-appropriate reading selections, students develop a clear understanding of key literary genres and their distinguishing characteristics.

English 07 A/B

English 7 integrates the study of writing and literature through the examination of a variety of genres. Students identify the elements of composition in the reading selections to understand their function and effect on the reader. Practice is provided in narrative and expository writing. Topics include comparison and contrast, persuasion, and cause and effect essays, as well as descriptive and figurative language. Lessons are supplemented with vocabulary development, grammar, and syntax exercises, along with an introduction to verbal phrases and research tools.

English 08 A/B

Extends the skills developed in English 7 through detailed study of parts of sentences and paragraphs to understand their importance to good writing. Students also acquire study skills such as time management and improved test-taking strategies. Other topics include punctuation, word choice, syntax, varying of sentence structure, subordination and coordination, detail and elaboration, effective use of reference materials, and proofreading.

Social Studies

Civics

National Civics is a one-semester course offering seven units that cover topics including the origins of American government, the structure and function of our government, rights and responsibilities of citizens, the American federal system, political parties and the election process, basic economic principles, and current matters regarding domestic and foreign policy. The course includes a variety of unit and lesson activities that examine the history, culture, and economy of the nation that encourage research and reflection. In these activities, students will examine seminal documents and landmark Supreme Court cases in American political history, analyze changes in federal and executive power over time, explore the political election process and data related to recent voting trends, research and propose a public policy plan, as well as compare and contrast the functions of the national government with state and local governments. The course also prepares students to pass the civics portion of the USCIS Naturalization Test.

Course Catalog



Contemporary World A/B

The Contemporary World is a year-long course designed to strengthen learners' knowledge about the modern world. Multimedia tools including custom videos as well as videos from the BBC, custom maps, and interactive timelines will help engage learners as they complete this course. Learners will explore the importance of geography, the influence of culture, and the relationship humans have with the physical environment. They will also focus on the responsibility of citizens, democracy in the United States, U.S. legal systems, and the U.S. economy. Ultimately, learners will complete this course as global citizens with an understanding of how to help and better their community and the world.

Middle School U.S. History A/B

In Middle School U.S. History, learners will explore historical American events with the help of innovative videos, timelines, and interactive maps and images. The course covers colonial America through the Reconstruction period. Learners will develop historical thinking and geography skills, which they will use throughout the course to heighten their understanding of the material. Specific topics of study include the U.S. Constitution, the administrations of George Washington and John Adams, the War of 1812, and the Civil War.

Middle School World History A/B

In Middle School World History, learners will study major historical world events from early human societies through to the present day. Multimedia tools including custom videos as well as videos from the BBC, custom maps, and interactive timelines will help engage learners as they complete this year-long course. They will explore the development of early humans and early civilizations. They will be introduced to the origins of major world religions, such as Hinduism and Buddhism. Also, learners will study the medieval period. Historical thinking and geography skills will be taught and utilized throughout the course.

World Geography A/B

In an increasingly interconnected world, equipping students to develop a better understanding of our global neighbors is critical to ensuring that they are college and career ready. These semester-long courses empower students to increase their knowledge of the world in which they live and how its diverse geographies shape the international community. Semester A units begin with an overview of the physical world and the tools necessary to exploring it effectively. Subsequent units survey each continent and its physical characteristics and engage students and encourage them to develop a global perspective.

Science

Earth and Space Science A/B

This inquiry- and lab-based course is designed to support modern science curriculum and teaching practices. It robustly meets NGSS learning standards associated with middle school Earth and space science. Content topics include Earth and space systems and interactions, the history of the Earth, the Earth's systems, weather and climate, climate change, and human impacts on the Earth.

Each lesson includes one or more inquiry-based activities that can be performed online within the context of the lesson. In addition, the course includes a significant number of hands-on lab activities. Approximately 40% of student time in this course is devoted to true lab experiences, as defined by the [National Research Council \(2006, p. 3\)](#).

Lab materials note: All hands-on labs employ relatively-common household materials. Please refer to the Student Syllabus or Teacher's Guide for details on lab materials.

Life Science A/B

This inquiry- and lab-based course is designed to support modern science curriculum and teaching practices. It robustly meets NGSS learning standards associated with middle school life science. Content topics include cells and human body systems, structure and functions of living organisms, genes and adaptations, evolution, energy flow in ecosystems, and interdependence of ecosystems.

Each lesson includes one or more inquiry-based activities that can be performed online within the context of the lesson. In addition, the course includes a significant number of hands-on lab activities. Approximately 40% of student time in this course is devoted to true lab experiences, as defined by the [National Research Council \(2006, p. 3\)](#).

Lab materials note: All hands-on labs employ relatively-common household materials. Please refer to the Student Syllabus or Teacher's Guide for details on lab materials.

Physical Science A/B

This inquiry- and lab-based course is designed to support modern science curriculum and teaching practices. It robustly meets NGSS learning standards associated with middle school physical science. Content topics include structure and properties of matter, chemical reactions, forces and motion, force fields, energy, and waves.

Each lesson includes one or more inquiry-based activities that can be performed online within the context of the lesson. In addition, the course includes a significant number of hands-on lab activities. Approximately 40% of student time in this course is devoted to true lab experiences, as defined by the [National Research Council \(2006, p. 3\)](#).

Lab materials note: All hands-on labs employ relatively-common household materials. Please refer to the Student Syllabus or Teacher's Guide for details on lab materials.

Course Catalog



Science 6 A/B

This inquiry- and lab-based course is designed to support modern science curriculum and teaching practices. It robustly meets NGSS learning standards associated with a sixth-grade integrated science course ([NGSS Appendix K: Modified Conceptual Progression Model](#), p. 19), focusing on basic physical science, Earth and space science, and ecosystems. Content topics include structure and properties of matter, forces and motion, the Earth and space, the history of the Earth, the interdependence of ecosystems, and weather and climate.

Each lesson includes one or more inquiry-based activities that can be performed online within the context of the lesson. In addition, the course includes a significant number of hands-on lab activities. Approximately 40% of student time in this course is devoted to true lab experiences, as defined by the [National Research Council \(2006, p. 3\)](#).

Lab materials note: All hands-on labs employ relatively-common household materials. Please refer to the Student Syllabus or Teacher's Guide for details on lab materials.

Science 6 with Virtual Labs A/B

Science 6 with Virtual Labs is an integrated science course based on the [Next Generation Science Standards \(NGSS\)](#). The content covers all three dimensions incorporated by NGSS: [disciplinary core ideas](#), [science and engineering practices](#), and [crosscutting concepts](#). The course robustly meets NGSS learning standards associated with sixth-grade integrated science ([NGSS Appendix K: Revised Conceptual Progressions Model](#), p. 19). Semester A focuses on basic physical science and earth and space science. Semester B focuses on the history of the Earth, ecosystems, and weather and climate.

In this course, students complete teacher-graded labs in the Course Activities and Unit Activities. This version of Science 6 has been designed so that all labs are virtual. Students will still be able to plan and execute investigations through carefully designed simulations and videos. They will also be able to design experimental setups and analyze data and visuals derived from real-world experiments.

Science 7 A/B

This inquiry- and lab-based course is designed to support modern science curriculum and teaching practices. It robustly meets NGSS learning standards associated with a seventh-grade integrated science course ([NGSS Appendix K: Modified Conceptual Progression Model](#), p. 19), focusing on cells, the life cycle, nutrition, chemical reactions, force fields, and energy. Content topics include cells and human body systems, the life cycle, nutrition and energy, chemical reactions, force fields, and energy.

Each lesson includes one or more inquiry-based activities that can be performed online within the context of the lesson. In addition, the course includes a significant number of hands-on lab activities. Approximately 40% of student time in this course is devoted to true lab experiences, as defined by the [National Research Council \(2006, p. 3\)](#).

Lab materials note: All hands-on labs employ relatively-common household materials. Please refer to the Student Syllabus or Teacher's Guide for details on lab materials.

Science 7 with Virtual Labs A/B

Science 7 with Virtual Labs is an integrated science course based on the [Next Generation Science Standards \(NGSS\)](#). The content covers all three dimensions incorporated by NGSS: [disciplinary core ideas](#), [science and engineering practices](#), and [crosscutting concepts](#). The course robustly meets NGSS learning standards associated with seventh-grade integrated science ([NGSS Appendix K: Revised Conceptual Progressions Model](#), p. 19). Semester A focuses on cells, the life cycle, and nutrition. Semester B focuses on chemical reactions, force fields, and energy.

In this course, students complete teacher-graded labs in the Course Activities and Unit Activities. This version of Science 7 has been designed so that all labs are virtual. Students will still be able to plan and execute investigations through carefully designed simulations and videos. They will also be able to design experimental setups and analyze data and visuals derived from real-world experiments.

Science 8 A/B

This inquiry- and lab-based course is designed to support modern science curriculum and teaching practices. It robustly meets NGSS learning standards associated with an eighth-grade integrated science course ([NGSS Appendix K: Modified Conceptual Progression Model](#), p. 19). Content topics include genes and adaptations, evolution, energy and the Earth, the Earth's changing climate, waves, and technology and human impacts on the Earth.

Each lesson includes one or more inquiry-based activities that can be performed online within the context of the lesson. In addition, the course includes a significant number of hands-on lab activities. Approximately 40% of student time in this course is devoted to true lab experiences, as defined by the [National Research Council \(2006, p. 3\)](#).

Lab materials note: All hands-on labs employ relatively-common household materials. Please refer to the Student Syllabus or Teacher's Guide for details on lab materials.

Science 8 with Virtual Labs A/B

Science 8 with Virtual Labs is an integrated science course based on the [Next Generation Science Standards \(NGSS\)](#). The content covers all three dimensions incorporated by NGSS: [disciplinary core ideas](#), [science and engineering practices](#), and [crosscutting concepts](#). The course robustly meets NGSS learning standards associated with eighth-grade integrated science ([NGSS Appendix K: Revised Conceptual Progressions Model](#), p. 19). Semester A focuses on genes, evolution, and the Earth's energy. Semester B focuses on Earth's changing climate, waves, and human impact on the Earth.

In this course, students complete teacher-graded labs in the Course Activities and Unit Activities. This version of Science 8 has been designed so that all labs are virtual. Students will still be able to plan and execute investigations through carefully designed simulations and videos. They will also be able to design experimental setups and analyze data and visuals derived from real-world experiments.

Course Catalog



World Languages

French 1 A/B

In French 1A, they will be introduced to several common situations in which people communicate, such as exchanging names and greetings, describing people by physical and personality traits, and describing family members and aspects of their social life. They will start with basic sentence structures and grammatical tools, and they will communicate by listening, speaking, reading, and writing in French as they internalize new vocabulary and grammar. Students will also learn about some regions of the French-speaking world that the central characters of each unit are visiting. Students will build on this semester's work as they advance in their French studies: everything that they learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

In French 1B, students will be introduced to several common situations in which people describe how to earn, save, and manage money, modes of urban transportation, various seasons and the associated weather conditions, food, clothes, and activities. They will also describe various art forms, plays, concerts, and movies. Students will discuss health and well-being, and travel and tourism. They will build on what they learned in the French 1A course and communicate by listening, speaking, reading, and writing in French as they internalize new vocabulary and grammar. They will also learn about some regions of the French-speaking world that the central characters of each unit are visiting. Students will build on this semester's work as they advance in their French studies: everything that they learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

French 2 A/B

In French 2A, students will be reintroduced to French in common situations, beginning with describing classes, school friends, teachers, and school supplies. They will discuss different styles of dressing, housing, and neighborhoods, and learn about relationships between family members and friends, students and teachers, and employees and employer. Students will also describe daily personal routines and schedules, household chores, and family responsibilities. Finally, they will discuss different types of cuisine, dining establishments, and dining etiquette. Students will build on what they learned in the French 1B course to communicate by listening, speaking, reading, and writing in French as they internalize new vocabulary and grammar. They will also learn about some regions of the French-speaking world where the central characters of each unit are visiting. Students will build on this semester's work as they advance in their French studies: everything that they learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

In French 2B, students will be reintroduced to French in common situations, beginning with various professions and career plans for the future. They will discuss traveling to different regions and the flora and fauna found in each region and describe different types of trips, including road trips, camping, and ecotourism. Students will also describe different hobbies, activities, and crafts that people enjoy. Finally, they will discuss about different medical specialists, including dentists and veterinarians, and describe symptoms related to illness and injury. Students will build on what they learned in the French 2A course to communicate by listening, speaking, reading, and writing in French as they internalize new vocabulary and grammar. They will also learn about some regions of the French-speaking world where the central characters of each unit are visiting. Students will build on this semester's work as they advance in their French studies: everything that they learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

German 1 A/B

In German 1A, students will be introduced to several common situations in which people communicate, such as exchanging names and greetings, describing people by physical and personality traits, and describing family members and aspects of their social life. They will start with basic sentence structures and grammatical tools, and they will communicate by listening, speaking, reading, and writing in German as they internalize new vocabulary and grammar. Students will also learn about some regions of the German-speaking world that the central characters of each unit are visiting. They will build on this semester's work as they advance in their German studies: everything that students learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

In German 1B, students will be introduced to several common situations in which people describe how to earn, save, and manage money, modes of urban transportation, various seasons and the associated weather conditions, food, clothes, and activities. They will also describe various art forms, plays, concerts, and movies. Students will discuss health and well-being, and travel and tourism. They will build on what they have learned in the German 1A course to communicate by listening, speaking, reading, and writing in German as they internalize new vocabulary and grammar. They will also learn about some regions of the German-speaking world that the central characters of each unit are visiting. Students will build on this semester's work as they advance in their German studies: everything that they learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

Course Catalog



German 2 A/B

In German 2A, students will be reintroduced to German in common situations, beginning with describing classes, school friends, teachers, and school supplies. They will discuss different styles of dressing, housing and neighborhoods, and learn about relationships between family members and friends, students and teachers, and employees and employer. They will also describe daily personal routines and schedules, household chores, and family responsibilities. Finally, students will discuss different types of cuisine, dining establishments, and dining etiquette. They will build on what they learned in the German 1B course to communicate by listening, speaking, reading, and writing in German as they internalize new vocabulary and grammar. Students will also learn about some regions of the German-speaking world where the central characters of each unit are visiting. Students will build on this semester's work as they advance in their German studies: everything that they learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

In German 2B, students will be reintroduced to German in common situations, beginning with various professions and career plans for the future. They will discuss traveling to various regions and the flora and fauna found in each region and describe types of trips, including road trips, camping, and ecotourism. They will also describe hobbies, activities, and crafts that people enjoy. Finally, students will discuss medical specialists, including dentists and veterinarians, and symptoms related to illness and injury. They will build on what they learned in the German 2A course to communicate by listening, speaking, reading, and writing in German as they internalize new vocabulary and grammar. They will also learn about some regions of the German-speaking world where the central characters of each unit are visiting. Students will build on this semester's work as they advance in their German studies: everything that they learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

Spanish 1 A/B

In Spanish 1A, students will be introduced to several common situations in which people communicate, such as exchanging names and greetings, describing people by physical and personality traits, and describing family members and aspects of social life. Students will start with basic sentence structures and grammatical tools, and they will learn to communicate by listening, speaking, reading, and writing in Spanish as they learn new vocabulary and grammar. They will also learn about some regions of the Spanish-speaking world that the central characters of each unit are visiting.

In Spanish 1B, students will be introduced to several common situations in which people describe how to earn, save, and manage money, modes of urban transportation, various seasons and the associated weather conditions, food, clothes, and activities. They will also describe various art forms, plays, concerts, and movies. Students will discuss health and well-being and travel and tourism. They will build on what they learned in the Spanish 1B course to communicate by listening, speaking, reading, and writing in Spanish as they internalize new vocabulary and grammar. Students will also learn about some regions of the Spanish-speaking world that the central characters of each unit are visiting. They will build on this semester's work as they advance in their Spanish studies: everything that they learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

Spanish 2 A/B

In Spanish 2A, students will be reintroduced to Spanish in common situations, beginning with describing classes, school friends, teachers, and school supplies. Students will discuss different styles of dressing, housing, and neighborhoods, and learn about relationships between family members and friends, students and teachers, and employees and employer. They will also describe daily personal routines and schedules, household chores, and family responsibilities. Finally, students will discuss different types of cuisine, dining establishments, and dining etiquette. They will build on what you learned in Spanish 1B to communicate by listening, speaking, reading, and writing in Spanish as they internalize new vocabulary and grammar. Students will also learn about some regions of the Spanish-speaking world where the central characters of each unit are visiting. They will build on this semester's work as they advance in their Spanish studies: everything that students learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

In Spanish 2B, students are reintroduced to Spanish in common situations, beginning with various professions and career plans for the future. They will discuss traveling to different regions and the flora and fauna found in each region and describe different types of trips, including road trips, camping, and ecotourism. They will also describe different hobbies, activities, and crafts that people enjoy. Finally, students will discuss about different medical specialists, including dentists and veterinarians, and describe symptoms related to illness and injury. They will build on what they have learned in the Spanish 2A course to communicate by listening, speaking, reading, and writing in Spanish as they internalize new vocabulary and grammar. Students will also learn about some regions of the Spanish-speaking world where the central characters of each unit are visiting. They will build on this semester's work as they advance in their Spanish studies: everything that students learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

Course Catalog



Spanish 3 A/B

In Spanish 3A, students will be reintroduced to Spanish in common situations, beginning with various daily routines, describing friends and family, childhood memories and activities, and childhood hopes and aspirations. They will discuss and describe art, such as paintings and sculptures, and literature, such as novels and novellas, and give reactions and form opinions about art and literature. Students will also understand the process of selecting and applying to a university, aspirations at the university, and dealing with leaving home and moving into a dormitory. Further, students will describe university life and expectations from the university experience. They will explore the dynamics and challenges of multiethnic and developing societies, environmental and social issues, causes and possible resolutions, and learning about unfamiliar countries using technology. Finally, they will discuss current events reported in the media, different types of classified and other types of advertisement in the media (both print and online), the sections and supplements of a newspaper or magazine, and various jobs available in the media. Students will build on what they learned in Spanish 2 to communicate by listening, speaking, reading, and writing in Spanish as they internalize new vocabulary and grammar. They will also learn about some regions of the Spanish-speaking world where the central characters of each unit are visiting. Students will build on this semester's work as they advance in their Spanish studies: everything that students learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

In Spanish 3B, students will be reintroduced to Spanish in a variety of situations, beginning with multiculturalism, bilingualism, cultural influences on traditions, customs, food, and social experiences, and legends and folklore from different cultures. Students will discuss and describe genres of music, poetry, drama, and short stories, and proverbs from different cultures. They will also explore how geographical features affect the weather, and how the geography and weather affect the clothing, food, and livelihoods of the local population. Students will also understand the history of Venezuela and how the Spanish conquerors and indigenous people shaped the culture of the country, and they will learn about the South American independence movement, including some significant freedom fighters and their struggles to win independence. They will also discuss religions practiced in Argentina, the cultural icons of the country and how they compare to cultural icons from other countries, sports and activities in Argentina, some national symbols, such as the gauchos, and idioms and sayings from Argentina. Finally, students will discuss types of wildlife and natural and agricultural resources found in Costa Rica, the human resources of the country that help overcome economic and natural disasters, and how to write formal and informal letters to share experiences. They will build on what they learned in Spanish 3A to communicate by listening, speaking, reading, and writing in Spanish as they internalize new vocabulary and grammar. Students will also learn about some regions of the Spanish-speaking world where the central characters of each unit are visiting. They will build on this semester's work as they advance in their Spanish studies: everything that they learn about a language and the cultures in which it is spoken will serve as a foundation for further learning.

Health & Fitness

Family & Consumer Science

Family & Consumer Science prepares students with a variety of skills for independent or family living. Topics covered include child care, home maintenance, food preparation, money management, medical management, clothing care, and more. They also focus on household, personal, and consumer health and safety. In addition, students learn goal setting and decision-making skills, as well as explore possible career options.

Family Living & Healthy Relationships

In this course, students examine the family unit and characteristics of healthy and unhealthy relationships at different phases of life-- including information on self- discovery, family, friendships, dating and abstinence, marriage, pregnancy, and parenthood. Students learn about the life cycle and the different stages of development from infancy to adulthood. They also focus on a variety of skills to improve relationships and family living, including coping skills, communication skills, refusal skills, babysitting, parenting, and healthy living and disease prevention habits.

Fitness Basics 1

This course provides students with a basic understanding of fitness and nutrition. Students will learn about exercise safety, team and individual sports, nutrition, and the importance of staying active throughout their lifetime. Students conduct fitness assessments, set goals, develop their own fitness program, and participate in weekly physical activity.

Fitness Basics 2

This course provides students with a basic understanding of fitness and nutrition. Students will learn about exercise safety, team and individual sports, nutrition, and the importance of staying active throughout their lifetime. Students conduct fitness assessments and participate in weekly physical activity.

Health Careers

In this course, students explore a variety of career options related to the health care field, including medicine, nursing, physical therapy, pharmacy, dental careers, sports medicine, personal training, social work, psychology, and more. Students will learn about various options within each field, what each of these jobs entails, and the education and knowledge required to be successful. In addition, they will focus on basic job skills and information that would aid them in health care and other career paths.

Intro to Group Sports 1

This course provides students with an overview of group sports. Students learn about a variety of sports, and an in-depth study of soccer or basketball. Students learn not only the history, rules, and guidelines of each sport, but practice specific skills related to each sport. Students also learn about game strategy and the benefits of sports. In addition, students study elements of personal fitness, goal setting, sport safety, and sports nutrition. Students conduct a pre- and post-fitness assessment, as well as participate in regular weekly physical activity.

Course Catalog



Intro to Group Sports 2

This course provides students with an overview of group sports. Students learn about a variety of sports and do an in-depth study of baseball/softball, and volleyball. Students learn the history, rules, and guidelines of each sport, as well as practice specific skills related to each sport. Students also learn about sportsmanship and teamwork. In addition, students study elements of personal fitness, goal setting, sport safety, and sports nutrition. Students conduct a pre- and post-fitness assessment, as well as participate in regular weekly physical activity.

Intro to Individual Sports 1

This course provides students with an overview of individual sports. Students learn about a variety of sports, yet do an in-depth study of running, walking, strength training, yoga, Pilates, dance, water sports, and cross-training. Students learn the history, rules, and guidelines of each sport, and practice specific skills related to each sport. Students also learn about the components of fitness, FITT principles, benefits of fitness, safety and technique, and good nutrition. Students conduct fitness assessments and participate in weekly physical activity.

Intro to Individual Sports 2

This course provides students with an overview of individual sports. Students learn about a variety of sports, yet do an in-depth study of running, walking, strength training, yoga, Pilates, dance, water sports, and cross-training. Students learn the history, rules, and guidelines of each sport, and practice specific skills related to each sport. Students also learn about the components of fitness, FITT principles, benefits of fitness, safety and technique, and good nutrition. Students conduct fitness assessments and participate in weekly physical activity.

Middle School Health

Middle School Health aids students in creating a foundation of personal health. Beginning with properly defining health, this course then builds upon basic health practices to emphasize the importance of balance. Attention is given to each of the six dimensions of wellness; namely, physical, intellectual, emotional, spiritual, social, and environmental. Students are taught the skills necessary to improve every aspect of health. They are also encouraged to reflect upon their own personal wellness each week.

ELL Foundations

ELL Foundations: Level 1

ELL Foundations: Level 1 provides 32 interactive lessons based on beginning-level multicultural readings that reflect the diverse backgrounds of English language learners. Readings include fiction, poetry, informational texts, and culturally informed myths. Educators are supported with built-in reporting, grading, and standards-alignment capabilities. They will also have access to complete lesson plans designed to maximize learning. The course is composed of online student tutorials with beginning-level readings, vocabulary and comprehension activities for on- or offline assignments, and mastery tests to gauge student comprehension and progress. Students and teachers will also enjoy the familiar structure and user experience of Edmentum Courseware.

ELL Foundations: Newcomer

ELL Foundations: Newcomer provides 23 vocabulary-focused, interactive lessons based on clear representation and developmentally appropriate art of entry-level vocabulary for school success. Educators are supported with built-in reporting, grading, and standards-alignment capabilities. They will also have access to complete lesson plans designed to maximize learning. The course is composed of online student tutorials with beginning-level readings, vocabulary and comprehension activities for on- or offline assignments, and mastery tests to gauge student comprehension and progress. Students and teachers will also enjoy the familiar structure and user experience of Edmentum Courseware.

BASE Education SEL – Educator PD

Breaking Down Elements of SEL Through an Educator Lens

This course covers topics in education that make up what we define as social emotional learning. The course breaks these topics down, and it begins to ask educators to interpret these terms through their own lens.

Best practice implementation recommendation: This course works well for individual educator learning followed by 30-60 min discussion to integrate knowledge and reflect on questions in your setting

Leading with your Core Values

This course is a follow up to Understanding your Backpack and helps educators put what they have learned about themselves into practice in order to lead a classroom environment that is inclusive and empowering. In this course, you will continue in self-reflection as you identify your trauma responses and learn how to harness them in order to model empathic, strengths-based, respectful communication for your students.

Best practice implementation recommendation: This course works best in a small full/ large group setting. It should be followed by a 30 min report back for SG implementation and, ideally, to support school SEL culture building, a 30-60 min learning in action session.

Course Catalog



Suicide Awareness and Prevention for Educators

This comprehensive course helps educators to understand the complexities of suicide. With special attention paid to data, risk factors, protective factors, trauma, depression, and proper support, educators are armed with resources and knowledge. The goal of this course is to empower adults to find the right words, actions, and processes in the face of prevention, intervention, and postvention. When supportive adults feel confident, the impact on those around them can be profound. Continuing education credits may be awarded by your district.

Best practice implementation recommendation: This course works well for individual educator learning followed by 30-60 min discussion to integrate knowledge and reflect on questions in your setting.

Understanding Your Backpack

This course asks you to reflect on sometimes challenging things that influence your own lens, such as bias, trauma, anger, and beliefs, and will help support you in identifying triggers and places for growth without shame or guilt. By identifying your core values and personal beliefs, you can begin to put the pieces together for effective and empowered leadership that feels authentic to you.

Best practice implementation recommendation: This course works best in a small full group setting, to support safe sharing. It should be followed by a 30 min report back and, ideally, to support school SEL culture building, a 30-60 min learning in action session.

What is SEL – The Basics

This course gives an overview of what SEL is, its history, and the importance of SEL in how we learn.

Best practice implementation recommendation: This course works well for individual educator learning followed by 20-40 min discussion to integrate knowledge and reflect on questions in your setting.

BASE Education SEL – Interactive

Adrenaline

Defines adrenaline, distinguishes between fight or flight, discusses teenage thrill-seeking, highlights the impact adrenaline has on the body, defines alternatives, explores barriers to success, and provides tools to overcome challenges. Teaches healthy replacements and reviews a plan for the future. Approximate Completion Time: 20 minutes - 1 hour

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Anger/Fighting
- Substance Issues
- Poor Choices
- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

All or Nothing Thinking

Defines extreme thinking patterns, discusses the drawbacks and tendencies of such patterns, describes healthy alternatives to dysfunctional habits, highlights the impact of limited thinking, and explores barriers to success. Provides tools to overcome challenges. Approximate Completion Time: 20 minutes - 1 hour

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Self-Defeating Behaviors
- Gang Affiliation
- Unhealthy Relationships/Exploitation/Trafficking
- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Anger Management

Defines anger management, discusses the importance of controlling anger, teaches the different types of anger such as passive, passive-aggressive, assertive, and aggressive. Explores barriers to success and provides tools to overcome challenges. Discusses ways to implement healthier strategies and reviews a plan for the future. Approximate Completion Time: 35 minutes - 1 hour 45 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Anger/Fighting
- Disruptive Behavior
- Bullying/Relational Aggression/Cyberbullying/Technology Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Anxiety

This course will help you to understand anxiety, recognize the signs, and develop coping strategies as well as help-seeking behaviors.

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Depression and Anxiety
- Stress
- School Disengagement
- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Avoiding Exploitation

Defines exploitation, outlines safety, and highlights pitfalls for potentially dangerous relationships. Defines the various "disguises" that harmful people wear and teaches students how to uncover those traits. Teaches students to identify the healthy traits in safe people, and home in on how to tell the difference. Helps students to let go of any self-blame for past harmful relationships and allows them to refocus and grow through empowerment.

Explores barriers to success and provides tools to overcome challenges. Approximate Completion Time: 45 minutes - 2 hours 15 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Bullying and Cyber Bullying

This course is intended to protect you, protect others, and to help all students find their healthy path. Approximate Completion Time: 30 minutes - 1 hour 20 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Prevention
- Bullying/Relational Aggression/Cyberbullying/Technology Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Character Traits

Defines positive character traits such as empathy, honesty, integrity, accountability, and respect. Highlights importance of strong character, explores barriers to success, provides tools to overcome challenges, and helps implement healthy traits. Reviews a plan for the future. Approximate Completion Time: 45 minutes - 2 hours 15 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Disruptive Behavior
- Substance Issues
- Truancy
- Tardy/Chronic Absenteeism
- Inappropriate Peer Behavior
- Self-Defeating Behaviors
- Bullying/Relational Aggression/Cyberbullying/Technology Issues
- School Disengagement
- Gang Affiliation
- Unhealthy Relationships/Exploitation/Trafficking
- Cultural Issues
- Poor Choices
- LGBTQ
- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Coping Strategies

Defines coping strategies, highlights the importance, provides examples, helps to individually define skills that work for each student. Explores barriers to success and provides tools to overcome challenges. Teaches appropriate implementation, reviews a plan for the future. Approximate Completion Time: 40 minutes - 2 hours

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Anger/Fighting
- Disruptive Behavior
- Truancy
- Inappropriate Peer Behavior
- Domestic Issues
- Self-Defeating Behaviors
- Stress
- Depression and Anxiety
- Bullying/Relational Aggression/Cyberbullying/Technology Issues
- School Disengagement
- Cultural Issues
- Poor Choices
- LGBTQ
- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Coronavirus (COVID-19)

This course will teach the basic facts about the Coronavirus, including how to protect yourself. In addition, this course will answer many questions that students are asking. Estimated time 10-15 minutes.

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Cultural Implications Within Family and Learned Behavior

Defines "family", and helps student identify those traits learned from being a part of that "family" unit. Helps expand student's idea of family and understand the impact of one's household on their belief systems, norms, values, and personality. Helps students to embrace their differently held beliefs, and to resist conforming for the sake of fitting in. Explores barriers to success and provides tools to overcome challenges. Approximate Completion Time: 30 minutes - 1 hour 30 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Domestic Issues
- Cultural Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Depression

In this course, students will learn to identify their emotions and read their physical cues, to cope with depressive symptoms. They will learn the difference between depressive symptoms and depression, and the factors that have a role in risk. Finally, they will learn why, when, and how to get help. Approximate completion time: 30 - 60 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Depression and Anxiety Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Digital Citizenship

This course will create safety in the use of technology and outline appropriate behavior in the digital world. Includes cell phone use, texting, social media, and all facets of cyber behavior. Approximate Completion Time: 45 minutes - 2 hours

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Prevention
- Bullying/Relational Aggression/Cyberbullying/Technology Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Future Goals

Defines what it means to have goals and highlights the benefit of being focused. Helps the student to create a vision for one's self and discusses strategies to stay on task. Explores barriers to success and provides tools to overcome challenges. Approximate Completion Time: 1 hour - 2 hours 30 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Prevention
- Truancy
- Tardy/Chronic Absenteeism
- Depression and Anxiety
- School Disengagement
- Poor Choices
- LGBTQ
- Getting to Know Student/IEP Transition Questions

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Getting to Know You

This course will help educators to get to know their students at the beginning of a relationship, whether it's the start of a term, or a newer connection, educators will learn about their students thoughts, abilities, and interests. This assists with engagement and retention and ultimately, student well-being. This course can also help administrators gather IEP information regarding students and their transition plans. Information can be directly filled out by student and used for Department of Education Requirements. Approximate Completion Time: 20 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Healthy Communication

This course defines healthy communication, discusses the importance of communicating well, teaches the different types of communication such as verbal, non-verbal, body language, and tone. This explores barriers to success and provides tools to overcome challenges. This discusses ways to implement more effective approaches and reviews a plan for the future. Approximate Completion Time: 35 minutes - 1 hour 45 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Anger/Fighting
- Disruptive Behavior
- Tardy/Chronic Absenteeism
- Inappropriate Peer Behavior
- Domestic Issues
- Depression and Anxiety
- Bullying/Relational Aggression/Cyberbullying/Technology Issues
- Unhealthy Relationships/Exploitation/Trafficking
- Poor Choices
- LGBTQ
- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Healthy Relationships

A module about evaluating and building healthy peer relations. Approximate Completion Time: 30 - 45 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Anger/Fighting
- Inappropriate Peer Behavior
- Bullying/Relational Aggression/Cyberbullying/Technology Issues
- Unhealthy Relationships/Exploitation/Trafficking
- LGBTQ
- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Impulsive Decision-Making

This course defines impulsivity, discussed repercussions of dangerous behavior, discusses teenage tendencies, defines alternative behaviors, explores barriers to success, provides tools to overcome challenges, teaches healthy replacements, and reviews a plan for the future. Approximate Completion Time: 20 minutes - 1 hour

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Anger/Fighting
- Tardy/Chronic Absenteeism
- Self-Defeating Behaviors
- Poor Choices
- Prevention

Irrational Thinking

This course defines irrational thinking, demonstrates how irrational thinking may be harmful, identifies how to overcome negative patterns, teaches about teenage tendencies to think irrationally. This course explores barriers to success and provides tools to overcome challenges. Approximate Completion Time: 20 minutes - 1 hour

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Anger/Fighting
- Self-Defeating Behaviors
- Stress
- Depression and Anxiety
- Gang Affiliation
- Unhealthy Relationships/Exploitation/Trafficking
- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Learned Helplessness

This course defines learned helplessness, uncovers origins of such beliefs, demonstrates how overcoming helplessness lends itself to empowerment.

This course explores barriers to success and provides tools to overcome challenges. Approximate Completion Time: 35 minutes - 1 hour 45 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Substance Issues
- Truancy
- Tardy/Chronic Absenteeism
- Self-Defeating Behaviors
- Bullying/Relational Aggression/Cyberbullying/Technology Issues
- Unhealthy Relationships/Exploitation/Trafficking
- Poor Choices
- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Learning How to Say "No Thanks".

This course will help students to say "no thanks" to uncomfortable or risky situations. This course will also assist students in learning about their personal boundaries and preferences, as they discover who they are. Approximate Completion Time: 45 minutes - 1 hour 35 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Gang Affiliation
- Unhealthy Relationships/Exploitation/Trafficking
- Poor Choices
- Depression and Anxiety
- Inappropriate Peer Behavior Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

LGBTQIA

This course focuses on inclusion, acceptance of self and others. It educates the learner on biology, terminology, and opens the conversation to lean on compassion. Approximate completion time: 1 - 1.5 hours

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Self-Defeating Behaviors
- Bullying/Relational Aggression/Cyberbullying/Technology Issues
- Depression and Anxiety
- LGBTQ

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Life Changes and Adjustments

Life Changes and Adjustments is designed to help students to process the biggest of life changes to the smallest. By normalizing change as an inherent part of life, students are encouraged to understand the importance of personalized adaptability and coping strategies.

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Motivation

This course defines motivation, outlines the various types, explores barriers to success, and provides tools to overcome challenges. This discusses ways to improve motivation, highlights the importance, reviews a plan for the future. Approximate Completion Time: 40 minutes - 2 hours
This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Prevention
- Substance Issues
- Truancy
- Tardy/Chronic Absenteeism
- Depression and Anxiety
- School Disengagement
- Poor Choices
- Getting to Know Student/IEP Transition Questions

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Primary and Secondary Impacts of Behavior

This course defines impacts of behavior, outlines the types of impacts, discusses the importance of understanding one's effect on their world, and highlights drawbacks of negative impacts. This explores barriers to success and provides tools to overcome challenges. This Provides suggestions for improving one's personal impact on their world, reviews a plan for the future. Approximate Completion Time: 30 minutes - 1 hour 30 minutes
This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Anger/Fighting
- Disruptive Behavior
- Inappropriate Peer Behavior
- Bullying/Relational Aggression/Cyberbullying/Technology Issues
- Gang Affiliation
- Poor Choices
- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Putting It All Together

Reviews and collaborates all skills used in modules for a successful return to school and life. Reviews the importance of implementation, and bolsters student confidence for maximized reintegration. Approximate Completion Time: 30 minutes - 1 hour 15 minutes
This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Anger/Fighting
- Substance Issues
- Suspension/Expulsion
- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Raising Awareness of Opioid Addiction

In an effort to raise awareness about heroin and opiate dangers, BASE recommends that every student in all schools view the 'Chasing the Dragon' video and respond to the accompanying questions. Approximate Completion Time: 55 minutes - 1 hour 10 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Prevention
- Substance Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Refocus

This course is intended for in-the-moment disruptive behaviors. Students may process their feelings and learn to regulate their emotions and behaviors prior to returning to the mainstream environment. Approximate Completion Time: 30 minutes - 1 hour and 15 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Anger/Fighting
- Disruptive Behavior
- Stress

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Restorative Practices

Defines restorative practices, outlines types of harm, discusses the importance of creating safety in one's environment, specifies ways in which to establish safety and trust. Teaches ways to handle negative situations, explores barriers to success, and provides tools to overcome challenges.

Reviews a plan for the future. Approximate Completion Time: 30 minutes - 1 hour 20 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Anger/Fighting
- Substance Issues
- Inappropriate Peer Behavior
- Domestic Issues
- Gang Affiliation
- Unhealthy Relationships/Exploitation/Trafficking
- Suspension/Expulsion

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Self-Esteem

Defines self-esteem, outlines types, discusses how to develop a stronger sense of self-esteem. Explores barriers to success, provides tools to overcome challenges and reviews a plan for the future. Approximate Completion Time: 30 minutes - 1 hour 20 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Prevention
- Substance Issues
- Disruptive Behavior
- Truancy
- Tardy/Chronic Absenteeism
- Self-Defeating Behaviors
- Depression and Anxiety
- Bullying/Relational Aggression/Cyberbullying/Technology Issues
- Gang Affiliation
- Unhealthy Relationships/Exploitation/Trafficking
- Cultural Issues
- LGBTQ
- Getting to Know Student/IEP Transition Questions

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Social and Emotional Learning and You: A Personalized Guide for Successful SEL Integration

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Social Justice Series, Part One - Equity

This course will begin the students' journey through the fundamentals of social justice. Students will develop a deep understanding of equity as they explore their own sense of privilege, challenges, and responsibility in society.

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Cultural Issues
- LGBTQ
- Prevention

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Strategies for Successful Return to School

Defines successful reintegration. Highlights potential pitfalls after having been out of school and provides strategies to cope with such patterns in order to remain on track. Explores barriers to success and provides tools to overcome challenges. Approximate Completion Time: 30 minutes - 1 hour 30 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Substance Issues
- Truancy
- Suspension/Expulsion

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Stress Management

This course will help students to understand the definition of stress and learn how it manifests itself in their minds, bodies, and actions. It will also help them to understand the importance of normalizing stress as a part of life and prepare them to roll with the impacts. Students will create a personalized plan for controlling and managing stressful events for successful coping and healthy thriving. Approximate Completion Time: 30 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Prevention
- Anger/Fighting
- Substance Issues
- Disruptive Behavior
- Truancy
- Tardy/Chronic Absenteeism
- Inappropriate Peer Behavior
- Domestic Issues
- Self-Defeating Behaviors
- Stress
- Depression and Anxiety
- Bullying/Relational Aggression/Cyberbullying/Technology Issues
- School Disengagement
- Gang Affiliation
- Unhealthy Relationships/Exploitation/Trafficking
- Cultural Issues
- Poor Choices
- LGBTQ
- Suspension/Expulsion

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Substance Abuse: Drug Facts - Alcohol

Discusses Alcohol, properties, effects on users, poisoning, tolerance, common myths and perceptions, driving, warning signs. Approximate Completion Time: 10 - 30 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Core SEL Competencies

Self-Management

Responsible Decision Making

Substance Abuse: Drug Facts - Bath Salts

Discusses Bath Salts, properties, effects on users, warning signs. Approximate Completion Time: 5 - 15 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Substance Abuse: Drug Facts - Cigarettes

Discusses Cigarettes, properties, effects on users, social implications, strategies to quit. Approximate Completion Time: 10 - 20 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Substance Abuse: Drug Facts - Cocaine

Discusses Cocaine, properties, the effect on users, warning signs. Approximate Completion Time: 10 - 25 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Substance Abuse: Drug Facts - Hallucinogens and Dissociative Drugs

Discusses types of Hallucinogens and Dissociatives, properties, their effect on users, warning signs. Approximate Completion Time: 15 - 40 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Core SEL Competencies

Self-Management

Responsible Decision Making

Substance Abuse: Drug Facts - Heroin

Discusses Heroin, properties, the effect on users, warning signs. Approximate Completion Time: 15 minutes - 1 hour

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Substance Abuse: Drug Facts - Inhalants and the Choking Game

Discusses the effects of Inhalants and the Choking Game on the teen body and brain. Addresses the social implications and warning signs.

Approximate Completion Time: 10 - 20 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Course Catalog



Substance Abuse: Drug Facts - Marijuana and Concentrates

Discusses Marijuana properties, concentrates, edibles, strains, the effect on users, synthesizing, common myths and perceptions, driving, medicinal debate. Approximate Completion Time: 35 minutes - 1 hour 45 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Substance Abuse: Drug Facts - MDMA/Ecstasy

Discusses MDMA, properties, the effect on users, warning signs. Approximate Completion Time: 10 - 30 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Core SEL Competencies

Self-Management

Responsible Decision Making

Substance Abuse: Drug Facts - Methamphetamine

Discusses Methamphetamine, properties, the effects on users, warning signs. Approximate Completion Time: 15 - 40 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Core SEL Competencies

Self-Management

Responsible Decision Making

Substance Abuse: Drug Facts - Prescription Drugs

Discusses Prescription Drugs, properties, classes, effects on users, mixing, combination overdoses, warning signs. Approximate Completion Time: 15 minutes - 1 hour

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Core SEL Competencies

Self-Management

Responsible Decision Making

Substance Abuse: Drug Facts - Synthetic Marijuana

Discusses Synthetic Marijuana, properties, effects on users, warning signs. Approximate Completion Time: 5 - 15 minutes

Substance Abuse: Drug Facts - Vaping and JUULing: In His Own Words

This course is intended to teach students the basics about vaping and JUULing. It was written by a 23-year-old who struggles with a JUUL addiction and covers the basic facts along with a dialogue about making good decisions. Approximate Completion Time: 20-45 minutes

Substance Abuse: Section 01 - Introduction and Disclosure

Introduction to the course and mandatory disclosure statement. Approximate Completion Time: 5 - 15 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Core SEL Competencies

Relationship Skills

Social Awareness

Self-Awareness

Self-Management

Responsible Decision Making

Course Catalog



Substance Abuse: Section 02 - Pre-Course Knowledge Test

Assesses student knowledge pre-course. Approximate Completion Time: 5 - 20 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Substance Issues

Substance Abuse: Section 03 - Pre-Course Attitude Survey

Assesses student attitude pre-course. Approximate Completion Time: 5 - 20 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Substance Issues

Substance Abuse: Section 04 - Drugs and the Mind - Emotions and Drugs

Discusses the emotional turmoil created by drugs and explains how the body/brain connection contribute to the peaks and valleys. Approximate Completion Time: 15 - 40 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills

- Social Awareness

- Self-Awareness

- Self-Management

- Responsible Decision Making

Substance Abuse: Section 05 - Drugs and the Mind - Moods and Drugs

Discusses mood changes, swings, and dependency caused by drug use. Approximate Completion Time: 5 - 20 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills

- Social Awareness

- Self-Awareness

- Self-Management

- Responsible Decision Making

Substance Abuse: Section 06 - Drugs and the Body - Drugs and the Brain

Discusses all aspects of the teen brain affected by drug use. Approximate Completion Time: 10 - 25 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills

- Social Awareness

- Self-Awareness

- Self-Management

- Responsible Decision Making

Course Catalog



Substance Abuse: Section 07 - Drugs and the Body - Absorption of Drugs

Discusses how drugs are metabolized into the body. Approximate Completion Time: 1 - 5 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Core SEL Competencies

Self-Management

Responsible Decision Making

Substance Abuse: Section 08 - Drugs and the Body - Route Variance

Teaches the different ways drugs are brought into the body as well as ways in which these different methods affect the body. Approximate Completion Time: 10 - 25 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Substance Abuse: Section 09 - Drugs and the Body - Mixing Drugs

Discusses the effects of combining drugs/drug interactions. Approximate Completion Time: 5 - 15 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Core SEL Competencies

Self-Management

Responsible Decision Making

Substance Abuse: Section 10 - Drugs and the Body - Overdose

Defines overdose. Approximate Completion Time: 1 - 5 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Core SEL Competencies

Self-Management

Responsible Decision Making

Substance Abuse: Section 11 - Drugs and the Body - The Cycle of Abuse

Addresses the cycle of abuse and pitfalls that trap the user into continued abuse. Approximate Completion Time: 10 - 25 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Core SEL Competencies

Relationship Skills

Social Awareness

Self-Awareness

Self-Management

Responsible Decision Making

Course Catalog



Substance Abuse: Section 12 - Drugs and Relationships - Friends and Drugs

Discusses social aspect of drugs, the lures, the stigma, and loneliness. Approximate Completion Time: 20 minutes - 1 hour This course is interactive, and users will be asked to respond to a set of questions directly within the course.

This course can be presented to a class and the questions can be answered as a class.

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Substance Abuse: Section 13 - Drugs and Relationships - Lying, Concealment, Deception

In understanding resiliency, looking back at behaviors teens use to survive and thrive. Understanding the repercussions of such choices and finding alternatives. Approximate Completion Time: 10 - 30 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Substance Abuse: Section 14 - Drugs and Relationships - Responsibilities

Identifies student responsibilities, separates important responsibilities, and helps students to understand what is important in the moment.

Approximate Completion Time: 15 - 45 minutes

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Substance Abuse: Section 15 - Overcoming Drugs - Life Story

Student recalls life events (good/bad) that have brought them to their current point. Approximate Completion Time: 15 - 45 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Substance Abuse: Section 16 - Overcoming Drugs - The "Forget You" Moment

Identifies the moment in the student's life in which they decided to stop pleasing, break boundaries, and dismiss authority. Approximate Completion Time: 35 minutes - 1 hour 45 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Substance Abuse: Section 17 - Brainstorming the Future

Helps the student to formulate a vision for the future and instills a sense of hopefulness. Approximate Completion Time: 15 - 45 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Substance Abuse: Section 18 - Overcoming Drugs - Refusal, Coping and Withdrawal

Helps students develop confidence in turning down drug opportunities and develop effective and clear communication skills. Approximate Completion Time: 30 minutes - 1 hour 20 minutes

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Substance Abuse: Section 19 - Overcoming Drugs - Triggers and Goals

Helps student to identify triggers: social, emotional, environmental, and to develop goals and support systems. Approximate Completion Time: 15 - 45 minutes

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Course Catalog



Substance Abuse: Section 20 - Overcoming Drugs - Relapse

Identifies the definition and role of relapse in the process of recovery. Approximate Completion Time: 5 - 15 minutes

Categories

Substance Issues

Core SEL Competencies

Relationship Skills

Social Awareness

Self-Awareness

Self-Management

Responsible Decision Making

Substance Abuse: Section 21 - Living Drug-Free - Why Kids Use

Identifies the reasons that kids use drugs- helps kids to understand that the reason is far from, "It's just fun". Approximate Completion Time: 2 - 10 minutes

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Core SEL Competencies

Relationship Skills

Social Awareness

Self-Awareness

Self-Management

Responsible Decision Making

Substance Abuse: Section 22 - Living Drug-Free - Moving Forward

This course is interactive, and users will be asked to respond to a set of questions directly within the course. This course can be presented to a class and the questions can be answered as a class.

Categories

Substance Issues

Core SEL Competencies

Relationship Skills

Social Awareness

Self-Awareness

Self-Management

Responsible Decision Making

Substance Abuse: Section 23 - Living Drug-Free - Impulsivity

Helps describe common teen tendencies and introduces ways to control urges and unsafe behavior. Approximate Completion Time: 5 - 15 minutes

Categories

Substance Issues

Core SEL Competencies

Relationship Skills

Social Awareness

Self-Awareness

Self-Management

Responsible Decision Making

Substance Abuse: Section 24 - Post-Course Attitude Survey

Assesses student attitude post-course. Approximate Completion Time: 5 - 10 minutes

Categories

Substance Issues

Core SEL Competencies

Relationship Skills

Social Awareness

Self-Awareness

Self-Management

Responsible Decision Making

Course Catalog



Substance Abuse: Section 25 - Post-Course Knowledge Acquisition Test

Assesses student knowledge post-course. Approximate Completion Time: 10 - 30 minutes

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Substance Abuse: Section 26 - Close

Ties together all material and marks the end of coursework. Approximate Completion Time: 5 - 15 minutes

Categories

- Substance Issues

Core SEL Competencies

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making

Suicide Education and Prevention

This course talks about depression, facts around suicide, risk factors, protective factors, and guides students through proper intervention strategies.

Approximate Completion Time: 45 minutes

Talking to Adults

Defines appropriate communication with grown-ups and discusses the importance of being able to verbalize thoughts, feelings, and emotions in a healthy manner. Talks about drawbacks and the loss of power when improper communication is used. Helps students get their needs met appropriately, explores barriers to success, and provides tools to overcome challenges. Approximate Completion Time: 35 minutes - 1 hour 45 minutes

Truancy

Helping to keep kids in school by exploring challenges, barriers to attending, personal pitfalls, and providing ways to overcome these challenges to return, and stay in school. Approximate Completion Time: 1 hour 40 minutes - 5 hours

Vision of Self

Defines vision of self, discusses healthy versus unhealthy perspectives, teaches how to implement healthy viewpoints, discusses personal vision, outlines tools for growth. Explores barriers to success and provides tools to overcome challenges. Approximate Completion Time: 25 minutes - 1 hour 15 minutes

Middle School Electives

Learning in a Digital World: Strategies for Success

The digital world seems to change every day, and touch more of our lives. We use technology to communicate with friends and family, find never-ending entertainment options, follow our favorite sports teams and fashion trends, and do our school work. In Learning in a Digital World you will get the tools to navigate this exciting and always changing world. Learn about real-world issues and how to solve real-world problems through interactive and hands-on assignments. Discover what it means to be a responsible digital citizen, expand your digital literacy, and become a successful online student. Consider the best ways to find, create, and share information, learn to maximize information and communication technologies, and explore digital content creation, from emails and blogs to social media, videos, and podcasts.

Note: This course has 8 units and is recommended to be taught over a single semester.

Middle School 2D Studio Art

Close your eyes and imagine you're standing in an art studio—the smell of paint, the heat of the kiln, and the infinite creative possibilities that linger in the air. This is where art is born, and in 2D Studio Art, you'll learn how to bring your art visions to life. Whatever medium you prefer—painting, drawing, photography—this course will teach you the design elements and principles needed to create a work of art, explore your artistic inspirations, travel back in time to look at art in different cultures, and gain insight about the art of critiquing. If you've ever dreamed about making a living as an artist, this course will give you the tools and background that you need to turn those dreams into a reality!

Note: This course has 8 units and is recommended to be taught over a single semester.

Course Catalog



Middle School Career Exploration 1

How do you pick a career path when you're not sure what's even out there? This course allows you to begin exploring options in fields such as teaching, business, government, hospitality, health science, IT, and more! You'll align your interests, wants, and needs to career possibilities, including the required education for each. Let's find a pathway that works for you.

Note: This course has 8 units and is recommended to be taught over a single semester.

Middle School Career Exploration 2

Imagine that it's 20 years from now. What career do you see yourself in? What do you imagine that you'll be doing? Will you be fighting forest fires or engineering the next rocket into space? With all the careers available, it can be difficult to narrow them down. In Middle School Career Exploration 2 we'll explore more careers and see what it takes to succeed. You'll learn more about what steps are needed to prepare for your career and how to compare the pros and cons of different career choices. Finally, you'll get the chance to try out parts of different careers to see if you're a perfect fit!

Note: This course has 8 units and is recommended to be taught over a single semester.

Middle School Coding 1a

Do you find yourself wondering how your favorite apps, websites, and games were made? Maybe you want to try building your own. Well, now you can! In Middle School Coding 1a, you will get an introduction to the basics of computer science, HTML, CSS, JavaScript, and Python. You'll leave the course with a portfolio of work you can show off.

Note: This course has 6 units and is recommended to be taught over a single semester.

Middle School Coding 1b

Let's take the coding skills you learned in the previous course to the next level! You'll expand your knowledge with Advanced Python, HTML, and JavaScript. You'll further build out your portfolio and start thinking about a career in the fast-growing IT field.

Note: This course has 6 units and is recommended to be taught over a single semester.

Middle School Digital Art and Design

There are so many different types of art in this world—fine art, classical art, visual art—but the impact of digital art and design is all around us, often in ways that you probably aren't even aware of! After taking Digital Art and Design, you'll enjoy a deeper understanding and appreciation for all things digital as you explore this special genre of art found in everything from advertising to animation to photography and beyond. In this course, you'll learn about the evolution of art, the basic principles of art and design, and the role of art in politics and society. Additionally, you will actually create your own digital art and make it come alive. Give your creative side a boost with this Digital Art and Design course!

Note: This course has 8 units and is recommended to be taught over a single semester.

Middle School Exploring Health Science

Where do healthcare workers spend their days? What do they really do? From cruise ships to sports arenas, you can find healthcare workers in many places that you might not expect. Explore this field, including what it would be like to work in a medical lab. Learn what it takes to keep you and your patients safe, and begin to learn about the human body and basic first-aid.

Note: This course has 6 units and is recommended to be taught over a single semester.

Middle School Exploring Information Technology

Are you interested in creating a website or app, or managing various technology solutions, but not sure where to start? If so, then it's time to explore the different career options available to you in IT and learn the foundations of IT to get you started. Examine various IT pathways of web and digital communications, information and support services, network systems, and programming and software development. Let's investigate which career pathway is right for you!

Note: This course has 6 units and is recommended to be taught over a single semester.

Middle School Exploring Music

What comes to mind when you hear the word 'music'? Do you think about your favorite band or artist? Do you think about instruments and scales and chords? The word 'music' means something different to everyone. This is why in Exploring Music there is a little bit of something for everyone! You will learn about how we hear music and how music affects our lives. You will explore important elements of music like rhythm, pitch, and harmony, as well as different musical genres. You will discover more about your singing voice and musical instruments and composition while taking in the history and culture of music over the years. Tune up your understanding and appreciation for all things music by signing up for this course!

Note: This course has 8 units and is recommended to be taught over a single semester.

Middle School Fitness

Are you physically fit? What does being fit mean to you? Physical fitness is a lot more than just a number on a scale, and that's exactly what you'll learn in this course! Middle School Fitness helps you understand the basics of being physically fit and allows for a deeper understanding of your body's functions. You will learn about the complex science behind exercise and determine how you can test your current level of fitness. Explore what it means to be mindful and discover what inspires you. Improving your physical fitness is a smart choice to make at any age, and by signing up for this course, you will be taking the first step on your exciting journey to understanding and improving your physical fitness.

Note: This course has 8 units and is recommended to be taught over a single semester.

Course Catalog



Middle School Game Design 1a

We love to play video games, but have you ever wanted to build your own? If you are interested in a career in technology but also want a creative outlet, Game Design might be the field for you. Learn how to build a game from the ground up in this interactive and hands-on course that will teach you all the ins and outs of making your own game.

Note: This course has 4 units and is recommended to be taught over a single semester.

Middle School Game Design 1b

It's time to take your Game Design knowledge up a level! You built your game design skills and Scratch techniques in the first part of this course. By the end, you wrote your game design document. Now you are ready to start developing that game! You'll create details and add component pieces in a game while learning to prototype, troubleshoot, and test.

Note: This course has 4 units and is recommended to be taught over a single semester.

Middle School Journalism: Tell Your Story

Are you someone who likes to get the story straight? Do you always want to know more? Who? What? When? Where? How? These are the details that make for a great story. Knowing how to find these key facts and then write them up in a way that makes it easy for others to read about it is the skill of a true journalist. In Middle School Journalism: Tell Your Story, you'll learn how ask the right questions, look for the details, and find the story in any situation. You'll learn how to gather information effectively, organize ideas, format stories for media production, and edit your articles. Get ready to break that news!

Note: This course has 10 units and is recommended to be taught over 2 semesters, but can be accelerated to be completed within a single semester if desired.

Middle School Photography 1a: Introduction

Photographs are all around us, and each helps to tell a story. Now it's time for you to create your story through photos you learn how to take in this course. Learn the basics of using a camera, lighting, and how to choose great subjects to create magazine-worthy photos and amaze your friends and family with your skills.

Note: This course has 8 units and is recommended to be taught over a single semester.

Middle School Photography 1b: Drawing with Light

Do you have vacation photos or pics of your pet that need a little editing? How about getting ready to add that new selfie you took to your social media platform? Taking photos is an art, and editing photos is a skill that many photographers seek to master. Explore how to manipulate angles and lighting, the purpose for different types of photo files, how to use different software to edit photos, and safe places you can store them. You'll be well on your way to being an editing guru when you're done with this course.

Note: This course has 8 units and is recommended to be taught over a single semester.

[Alignments & Features](#)

[State Lists](#)

edmentum.com

800.447.5286

info@edmentum.com

