

Schedule Examples

K-3

Time	Activity
8:30 – 9:30	Get Dressed, Brush Teeth, Make Bed, and Eat Breakfast
9:30 – 10:00	Independent Reading
10:00 – 10:20	Reading Reflection Writing
10:20 – 11:00	<u>P.E.</u> The Body Coach TV's Daily YouTube Class , "P.E. with Joe"
11:05 – 12:30	<u>Math / ELA</u> Monday / Wednesday – ELA Tuesday / Thursday – Math Friday – 55 Minutes Math, 30 Minutes ELA
12:30 – 1:40	Lunch and Recess – No Screens
1:40 – 2:20	<u>Science / Social Studies</u> Monday / Wednesday – Science Tuesday / Thursday – Social Studies Friday – Kids' Choice
2:20 – 3:20	Art Time / Project Time – Kids' Choice
3:20 – 4:00	Catch-Up Time or Free Time
4:00 – 4:30	Chores

4-5

Time	Activity
8:00 – 9:00	Rise, Shower, Eat Breakfast
9:00 – 11:00	Reading and Language Arts
11:00 – 1:00	Lunch, Recess, Arts or Engineering
1:00 – 3:00	Math and Science
3:00 – 4:00	Snack and Free Play
4:00 – 4:30	DEAR (Drop Everything and Read)

6-12

Time	Activity
8:00 – 9:00	Wake up, Make Bed, Eat Breakfast
9:00 – 10:00	Math
10:00 – 10:20	Break
10:20 – 12:20	ELA
12:20 – 1:00	Lunch
1:00 – 2:00	Science and Social Studies
2:00 – 3:00	Elective Course
3:00 – 3:30	Exercise/Physical Activity