# **Local Wellness Policy Progress Report**

#### School Name: Centerville Community School District (May 3, 2017)(July 15, 2018)

Wellness Policy Contact: Terri Schofield, Principal; Holly Hutton, Director of Food Service.

#### Date Completed: May 3, 2017-July 15, 2018-October 16, 2018-

This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goals' progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

#### **Nutrition Education and Promotion Goals**

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. EXAMPLE: Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.	Cindy Smith (Curriculum Director)	X			Nutrition education is part of the science curriculum in each grade level.	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies.
<ol> <li>This occurs throughout the district, PK-</li> <li>12.</li> </ol>	Denise Howe Holly Hutton Terri Schofield	X			Nutrition education is part of the science curriculum in each grade level.	
3. Peanut Awareness Policy was reviewed by Committee and taken to the school board.	Denise Howe Holly Hutton	X				Peach Allergy conversations are the next step.

#### **Physical Activity Goals**

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Each grade level PK-5 meets the	Terri Schofield		X			

Healthy Kids Physical activity goal.					
	Dianne Fatka				
2. Students in Grades 2-5 are having recess	Terri Schofield	Х		Terri ran a trial run with 4 <sup>th</sup>	Look into possibility of K-1
prior to lunch.	Holly Hutton			grade team of teachers.	participation.

#### **Other School Based Activities Goals**

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Cret a Wellness Paln in conjunction with Mercy staff to encourage 80% participation by all staff to increase social, emotional, physical well-being.	Denise Howe Terri Schofield Liz Harvey			X	Prior conversations, Past practices-funding options.	
2.						

# Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.	Holly Hutton	Х				
Policies are in place and all vending	Terri Schofield					
machines are accessible to students and	Karen					
are compliant to the Smart Snacks	Swanson					
Nutritional Standards.	Matt Johnson					
2.	Jeremy		X		Freshman and Sophomores	
Conversations around closed lunch are	Hissem				are eating lunch on campus.	
occurring at the high school.	Holly Hutton					

# Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class

## parties, foods given as reward, etc.

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Encourage and promote healthy snacks being brought into the schools. 1.						
2. Enourage policy that states there can be no homemade snacks brought into the classroom.						

## Polices for Food and Beverage Marketing

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
<ol> <li>Restroom and hallway publications of the</li> <li>5-2-1-0 Healthy Living Program.</li> </ol>						
2.						

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