



Centerville Community Schools

Student Support Services Newsletter

Fall 2019

***Don't focus on making it through the day or making it till the end of the week.
Let's focus on making a difference for kids.***

The goal of this newsletter is to share information with staff that help can make our schools welcoming, safe and supportive for all students.

Statistics from the Iowa Youth Survey

This data was collected by the Iowa Department of Public Health in 2016 from students in 11th grade in our school district and across the state.

Adolescent Health Statistic	Iowa %	Appanoose Co. %
Felt worthless in the last 30 days	36	40
Seriously considered suicide	17	23
Agree that adults in the community care about teens	76	58
Feel safe in their neighborhood	93	75
Report having a positive home environment	89	78

Local Resource: Mobile Crisis Team

The Mobile Crisis Team (MCT) is a group of mental health professionals available to arrive on the scene of a mental health crisis. If an individual is in a mental health crisis (suicidal, seriously depressed, anxious, paranoid or other issue) and the next steps are unclear, the MCT can help work through solutions. The MCT can respond to a person's home, provider's office, school or anywhere in the community. The MCT is available to children and adults, and can respond in the following counties: Wapello, Mahaska, Davis and Appanoose. Please consider sharing this info with students and families.

The phone number to request the Mobile Crisis Team: 1-844-430-8520.

Local Resource Directory

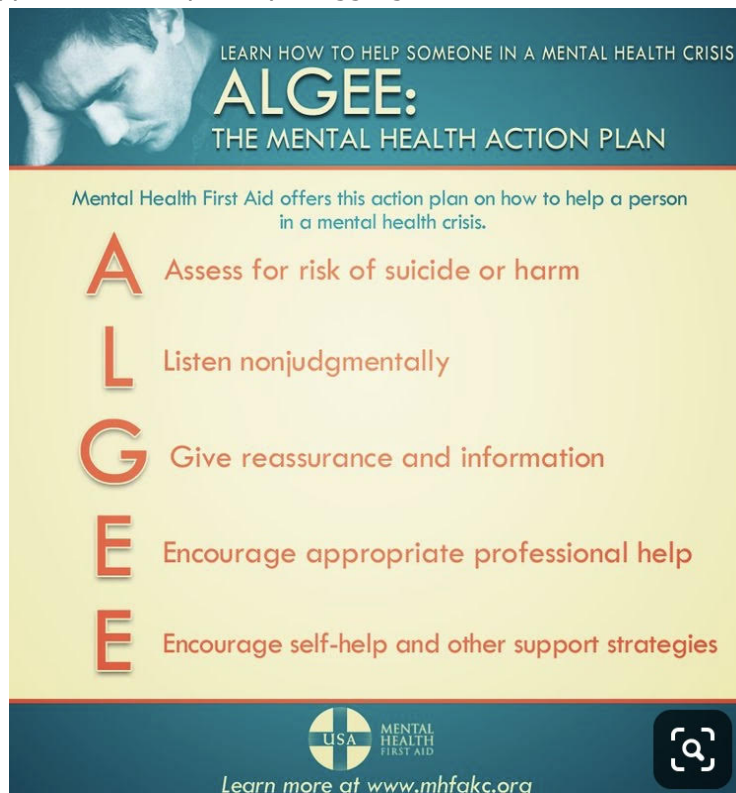
A current directory of resources for Appanoose County is available:

<http://www.marionph.org/docs/Appanoose%20County%20Resource%20Directory.pdf>

This includes information about physical and mental care health services, local parenting support, employment services, housing resources, and more.

Youth Mental Health: Continuing Support

If you have attended a Youth Mental Health First Aid course, here's a quick review of the action plan to support a student possibly struggling with a mental health challenge.



We are **RedTogether Centerville Student Support Services Team.**

Marcia Bowen, Luann Eakins, Cindy Fluegge, Liz Harvey, Ryan Hodges, Denise Howe, Megan Kirkland, Matt Kovacevich, Emily Kozak, April Maldonado, Jennifer Osborne-Burns, Jason Reed, and Tino Terrones.

Students are more likely to go to school if they know someone cares if they show up.

Thank you for showing kids you care!